

Reflections

Module Four—*I is for Importance*

1. How do you rate your listening for understanding? What are you doing well? What can be enhanced?
2. Do you recall a time you received empathy from someone? What has been the impact of receiving empathy for you?
3. How may you give empathy to your case partner?
4. What will support you in “zipping up” after giving empathy?
5. What do you believe is important to you, to your partner and to both of you in your case?
6. Are you open to being influenced and learning more? How will you convey your interest?